

### ATHETE Development PROGRAM

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"As We Grow **Stronger** The Industry **Evolves**"



# <u>COMPERSIALLY</u>

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## AN X-POLE AT HLETE

(Definition); A fitness enthusiast, a Dancer, an Artist, an Entertainer or a Sports person, **Or all of theo** 

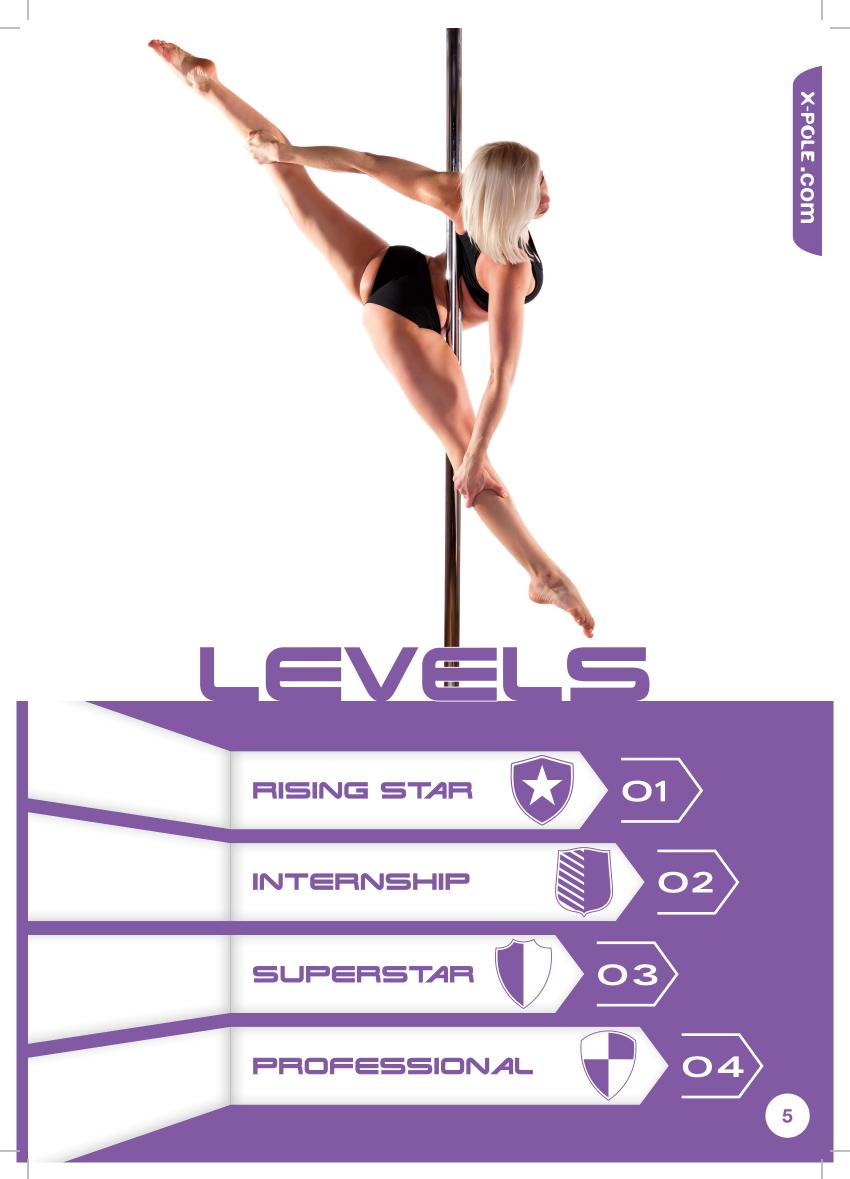
The privilege of being granted an X-POLE athlete status is one that is relished by many within the pole & aerial industry. Already, with a number of world renowned stars & champions enrolled on the development program, we are delighted to send through this guideline & welcome you to the X-POLE family. We strongly advise you to review the contents of this document & submit your application for the relevant category.

## ABOUT THE X-POLE

#### The core goals of the X-POLE Development Team are to:

- Nurture and stimulate the career development of new talent
- Track and highlight upcoming athletes for their skills, acumen and delivery
- Advise and mentor athletes to help them achieve career satisfaction
- Deliver the finest set of athletes that this world has seen

The **X-POLE** Development Team consists of several distinguished members of the Pole & aerial industry, who will pole fitness enthusiasts and aerial artists from a global perspective,



## RISING STRF

#### WHATS ON OFFER

- X-POLE Athlete Pack consisting of apparel, latest accessories & branded promo
- Athletes will be mentioned/highlighted for their achievements through X-POLE's international social platforms
- Performances/career monitored & tracked by the X-POLE Development Team plus competition entry costs will be subsidised
- Opportunity to join us at the X-POLE Yearly Summit
- X-POLE sponsored photoshoot & profile promotion through global website & social media platforms
- Fixed discount of 10% on all products

#### REQUIREMENTS

- Under 21s & Active University/College Students Only
- Competed and/or placed at a competition
- Must currently use X-POLE and be familiar with our range of products
- Must be a positive role model for up & coming polers & aerialists
- Must encourage & promote safe, fun & healthy pole & aerial practices

### INTÉRNSHIF

#### WHATS ON OFFER

- X-POLE Athlete Pack consisting of apparel, latest accessories & branded promo
- X-POLE Interns can expected to be mentioned or highlighted for their achievements through X-POLE's International Social Media platforms
- Performances/Career monitored & tracked by X-POLE; Key achievements will be flagged up by X-POLE
- DEVELOPMENT TEAM with the chance of being invited for a membership upgrade
- Pre-approved competition entrance fees covered by X-POLE - you compete and we cover the cost to facilitate career growth
- Exclusive access to X-POLE events, showcases & exhibitions
- An opportunity to attend the X-POLE yearly summit
- Fixed Discount of 10% on all product

#### REQUIREMENTS

- Open to any athlete involved in pole fitness or aerial arts
- Must currently use X-POLE and be familiar with our range of products
- Must be a positive role model for up & coming polers & aerialists
- Must encourage & promote safe, fun & healthy pole & aerial practices
- Must be a team player, displaying traits of honesty & integrity
- Must possess great communication skills whilst taking pride in their profession and displaying great work ethic

### REQUIREMENTS

#### WHATS ON OFFER

- X-POLE

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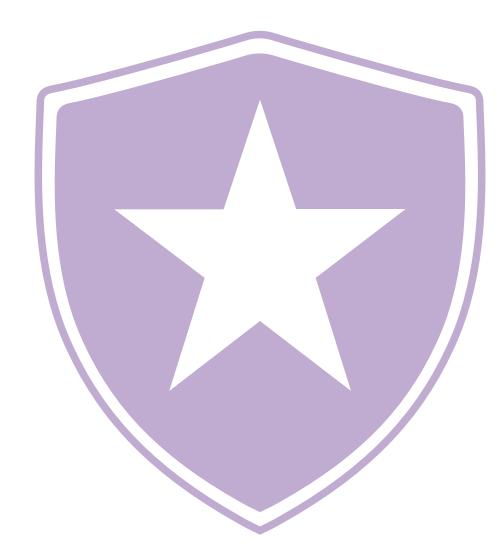
#### WHATS ON OFFER

- All Professional athletes will receive all of the benefits of a Superstar and in addition to this they will be offered:
- Opportunity to be involved with product testing, product development & access and samples of all new products and services for trials prior to public launches
- Offered the opportunity to take part in master classes and training for personal development & to enhance the athlete's career
- Chosen to be the face of X-POLE this unique opportunity providing you with massive individual benefits
- Bespoke profile page and promotion through the X-POLE
  global website
- Be provided with an X-POLE product of your choosing to demonstrate & use for photos & X-POLE promotion
- Be offered first refusal of any media opportunities 8 promotional opportunities here/abroad

- Be elligible for subsidized travel to International Competitions (\$500 per trip, to a maximum of \$1000
- X-POLE will create a full feature 'Human Interest' video featuring you. Telling the individual story of each of our athletes
- You will be first pick for recruitment at new studios as part of the X-POLE studio franchise program

#### REQUIREMENTS

- Exclusive category: Membership awarded by invite only:
- X-POLE Pros to be instructing/teaching/performing/ competing on a regular basis
- Must be an International Level Talent having placed 1st/2nd/3rd in at least one X-POLE sponsored / approved competition
- Must have been an X-POLE Superstar for at least 12 months

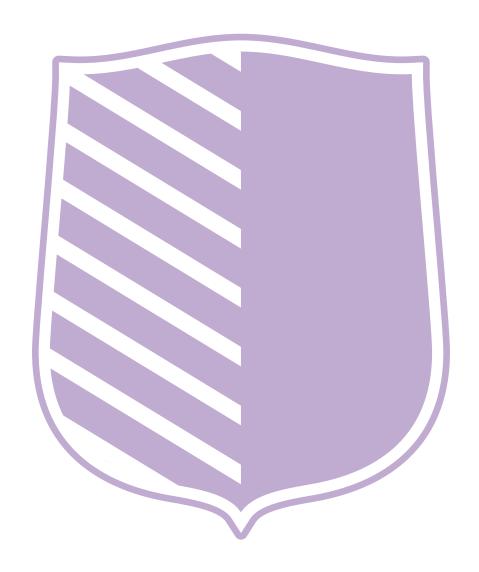


### WHAT IS EXPECTED HISING STAR

#### OVERVIEW

As a Rising Star, your actions within the pole & aerial industry will be monitored and how you conduct yourself as a pole & aerial fitness professional will determine whether and how quickly you progress through the levels of the program.

- To always portray X-POLE, its products & services in the best light when in discussions with any association, body or group Participate in master classes, training and personal development when offered these opportunities
- Must not use any pole or aerial equipment that is not an X-POLE product
- Promotion of X-POLE products & services through your independent social media preferences
- Promotion of X-POLE sponsored events and competitions that you attend through your independent social media preferences
- Participate in X-POLE master classes, training & development when offered these opportunities
- Attend the X-POLE yearly summit in you respective territory



# WHRT IS EXPERIED

#### OVERVIEW

As part of the athlete Internship/development program, your actions within the Pole Industry will be monitored and how you conduct yourself as a Pole Fitness Professional will determine whether and how quickly you progress through the tiers of membership with X-POLE

- To always portray X-POLE, its products & services in the best light when in discussions with any associations, bodies or groups
- Promotion of X-POLE sponsored events & competitions that you attend as an Intern through your own independent Social Media preferences
- Participate in X-POLE master-classes, training & personal development when offered these opportunitie
- Ensure that you attend & participate in the activities which you have agreed to in advance
- Attend the X-POLE yearly summit in your respective territories/regions

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#### OVERVIEW

As a Superstar, your actions will be continually monitored and how you conduct yourself as a Pole Fitness Professional will determine whether and how quickly you progress through the tiers of membership with XPOLE

#### EXPECTATION

- To always portray X-POLE, its products & services in the best light when in discussions with any associations, bodies or groups
- During your time as an X-POLE Athlete you will be expected to wear X-POLE apparel at events, showcases & competitions; promoting and providing any enquirers advice on these kits
- Must be open to being in photo-shoots & X-POLE
   Promotional shoots as needed.

- Promotion of X-POLE products & services through your own independent Social Media preferences & website (if one is available)
- Participate in X-POLE master-classes, training & personal development when offered these opportunities
- You will be expected to participate in events & competitions as a judge and/or guest performer – as a judge you will be expected to assess all contenders' performances free of personal opinion & goals - based on the contenders' merits
- Ensure that all expenses are paid to ensure that you attend & participate in the activities which you have agreed to in advance – in some occasions we will negotiate these costs with you
- Attend the X-POLE yearly summit in your respective territories/regions
- Promotion of X-POLE sponsored events & competitions that you attend as a Superstar through your own independent Social Media preferences – website (if one is available)

## WHAT IS EXPECTED

- Must be willing to wear X-POLE branded gear and clothing to National & International Events/ Competitions and to pole social events wherever possible e.g. pole jams, pole soirees, etc.
- Must tag the respective X-POLE regional office when posting images in X-POLE branded apparel
- Must promote the brand tastefully \* in such a way as to not 'offend' mainstream of audience
- Competing at an International Level Competition recognized by X-POLEAs a Superstar, your actions will be continually monitored and how you conduct yourself as a Pole Fitness Professional will determine whether and how quickly you progress through the tiers of membership with XPOLE
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## WHELE EXPECTED

- The member/artist should always behave with due consideration for others and abide by any terms & conditions stipulated by X-POLE & its international affiliates. Any behaviour that is likely to cause damage, injury, nuisance and annoyance or for failure to comply with the reasonable request of X-POLE and its international affiliates will not be tolerated and will result in the immediate withdrawal of the member/artist's X-POLE membership status.
- The artist will not disclose any of the guideline details to any direct or indirect competitor of X-POLE. Must keep in confidence the exact details of the sponsorship agreement.
- To agree to sign autographs for, and be photographed prior, during & after events with participants, time permitting.
- To wear, with agreement, promotional clothing during any events attended on behalf of X-POLE.

- All athletes must not disparage the X-POLE Brand, product, its employees, publically or privately & must keep in confidence any company information until such a time as it is publically released.
- All photos supplied must be copyright free & may be used by X-POLE in promotion of the brand without question.
- X-POLE Athlete must represent the X-POLE brand in a positive & unifying manner. As such the X-POLE Athlete's sponsorship can, and at the discretion of X-POLE, be terminated without notice, should the athlete act in a discriminatory, racist, sexist or any other discriminatory or inflammatory manner that may alienate any part of the pole dance & aerial community, or the general public. Should this occur it will be your responsibility to return clothing & any sponsored products to your local X-POLE office.

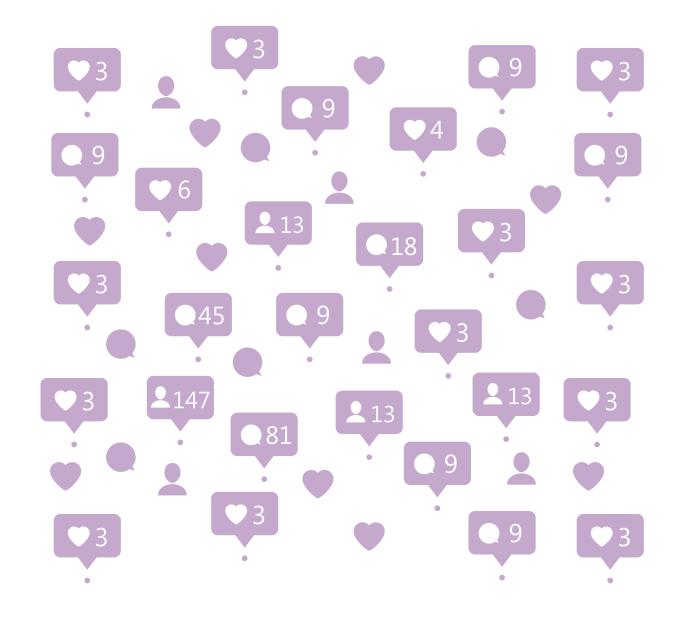


# SEAL MERICE Facebook

- Post often & Post creatively
- Create engagement photos engage your fans with interesting photos Image sizing - If a picture is the right size, it will give your fans the best experience: News feed image – 1200 pixels by 1200 pixels
   Link sharing – 1200 pixels by 628 pixels
   Video sharing – 504 pixels by 283 pixels
- Word count Post's with 80 or more words are most engaged with, but this doesn't mean every update has to be a novel.
- Hashtags If you have a relevant hashtag to use (such as #XPOLE, #XPOLEUS, #POLEFIT #Pole, #PoleDance), your post is likely to get 60% more interactions from fans.
- News feed photo updates get a lot more attention than simply posting images into an album.

- When sharing a link, check that the URL is not too long, as this will get cut off by Facebook automatically.
- Best time of day to post for engagement is between 5:00pm and 1:00am - weekend posts receive far higher levels of engagement.
- Best day to publish is a bit tricky, but Sunday posts tend to get 25% more likes, shares and comments.
- Feeling/Activity Using this built in feature can get your posts up to 57% engagement.





# SERVICE AND A CONTRACT OF A CONTRACT.

- Lise high quality images
- Instagram is firstly a visual platform, so play to that
- Tell a story with your content
  - For example, if you're preparing for an event, show pictures before, after and during to create an experience for your audience
- Engage with your followers
- Make time to like other peoples photos
- Make time to listen/read your feedback and comments, nothing beats a personal response to a comment
- Follow your established followers on other platforms too (Facebook and Twitter), the cross promotion will only strengthen your relationships
- Competitions, give-aways, AMA's (ask me anything), open ended questions and advice sessions are always good for engaging people too

- Definitely take advantage of hashtags, but as with Twitter, don't over do it, a few key words or phrased are enough to signpost your content to people interested in your kind of content
- Feel free to develop and try to grow you own hashtags, so that people identify your content with this unique marker
- Make your audience feel special
- Offer something like a one on one training session as a prize for a lucky follower, go for it, this sort of thing is something money can't buy and is highly sought after by fans





# Emitter

- Keep it short best tweet length is between 120-130 characters (it makes it easier for people to retweet you comfortably too)
- Include the X-POLE twitter handle @xpoleus, It makes it easier for us to spot and share with our audiences, If you want everyone to see a tweet with our twitter handle, put a full stop before it (like this; .@xpoleus) so both your followers and ours will see it
- Hashtags: #dont #hashtag #every #word one or two hashtags is enough for each tweet
- Trending hashtags can be great to get your tweets noticed, but don't force them, try and make it related to what you are saying
- Tweets with photos and images receive the most engagement, so make sure to get some good pics into your tweets to get them noticed (best size is 440 pixels by 220 pixels) To save space in your tweets, you can tag people in your photos too

- Links in tweets, best to put it earlier in the tweet than at the end
- Use a link shortener like Goo.gl or Bit.ly to keep links short and copy in your tweets
- Best time to tweet? Between 1:00p 3:00 pMonday to Thursday is the best time for clicks and engagement
- Between 4:00p 5:00p on Fridays is the best time for retweets







### WHAT MEAK SPRESS Blogger"

- Put the main point in the first paragraph. This is the first thing readers see and it will make them want to read on.
   Put the details in the following paragraphs of your posting.
   Finally in the last part of the posting, wrap it up with a good sign off or final thought.
- Typically 300 500 words in length. Pictures and videos help to bring a blog to life, either send them to us in file format, or send us a link to where they are hosted online (Facebook, YouTube, etc.)
- Writing style, Try to write in a friendly and informal style. Use first person 'I' and try to include reference to your own context and teaching experience. Think about your readers and what they can learn from your experience.
- Try to describe rather than tell e.g. instead of saying you thought a book was great, try to explain why you enjoyed it and what you learned from it.

 Use short paragraphs. In blogging, the style is less formal and paragraphs may be as short as a single sentence or even a single word.



### **WHALL MERRE FREED** Blogger<sup>®</sup>

- Use short sentences. You should keep sentences short for the same reason you keep paragraphs short: they're easier to read and understand. Each sentence should have one simple thought. More than that creates complexity and invites confusion.
- Use simple words. Since your purpose is to communicate and not impress, simple words work better than big ones.
   Write "get" instead of "procure." Write "use" rather than "utilize." Use the longer words only if your meaning is so precise there is no simpler word to use.
- Be specific. Don't write "Many doctors recommend Brand X." Write "97% of doctors recommend Brand X." Don't write "The Big Widget is offered in many colors." Write "The Big Widget comes in red, green, blue, and white."
- Write in a conversational style. There is a road sign often posted near construction sites that always irritates me. It reads, "Maintain present lane." Why so formal? A more conversational style would be better: "Stay in your lane" or "Do not change lanes." If you write as if you're wearing a top hat and spats, you distance yourself from the reader and muddle the message.
- Be clear. This may be the most important rule of all. Without clarity, your writing fails on every level. You achieve clarity when you accurately communicate the meaning in your head to the head of your reader. That's difficult. Look at your writing with an objective eye. Consider what might be misunderstood and rewrite it. Find what is irrelevant and delete it. Notice what is missing and insert it.



### WHAT MEAK BALES



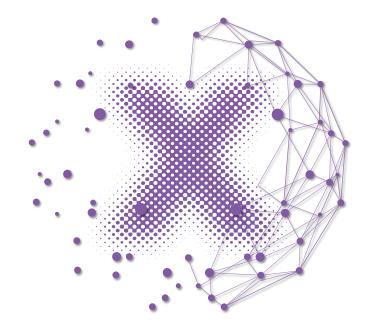
- All athletes must always behave with due consideration for others and abide by the terms and conditions stipulated by X-POLE & its international affiliates. Any behaviour that is likely to cause damage, injury, nuisance and annoyance or for failure to comply with the reasonable request of X-POLE and its international affiliates will not be tolerated.
- When discussing pole fitness and pole exercise, X-POLE must be mentioned in your response.
- A few points to consider are;
   X-POLE is the largest manufacturer & supplier of dance poles across the globe. X-POLE also offers a comprehensive range of aerial equipment. X-POLE supports & encourages pole & aerial related competitions, events and showcases across the globe and facilitates the growth of this industry. X-POLE's unique and patented technology allows the company to maintain its no.1 position across the globe
- Check identification credentials of all press individuals prior to engaging in an interview.

- Think before you answer
- Tell the truth. You should not lie or intentionally mislead members of the media.
- Discuss only things that you have direct responsibility for or have personal knowledge about. Speak at your level. You should only discuss matters for which you have direct knowledge.
- Do not answer speculative (what if) or hypothetical questions
- Avoid jargon, acronyms, slang & technical terms
- Answer the question with which you are most comfortable when asked multiple questions
- Keep remarks brief and concise
- Assume everything you say may be printed or broadcast
- Use "I' not 'we' when stating your opinion
- If you don't know the answer to a question or cannot discuss i for any reason, say so. AVOID using "no comment"
- When giving an interview, the individual MUST NOT promote their own school/studio or personal interests

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As an **X-POLE** Ambassador, your actions will be continually monitored and how you conduct yourself as a Pole Fitness Professional will determine Professional will determine whether you remain an X-POLE Ambassador. You must wear X-POLE apparel at all times during the event, You may wear sports shoes, pumps or bare feet. NO HEELS or PLEASERS Please make sure that you are presentable and ready for a fitness show. No excessive makeup or jewelery. Please make sure that nails are at a respectable length. During the show, we may have large training area where you may be expected to deliver workshops and/or taster sessions. During the whole duration of the event you will be representing X-POLE and therefore we expect the utmost professionalism towards ustomers, visitors and most of all, each other.





### welcome to our WORLD



### visit us at: www.XPOLE.com 🞯 f 😏 🏙